

**COMMUNITY MENTAL HEALTH ASSOCIATION OF MICHIGAN
ANNUAL WINTER CONFERENCE**

**TOGETHER....
WE ALL WIN**

February 5 & 6, 2019
Radisson Plaza Hotel
100 W. Michigan Avenue
Kalamazoo, MI 49007

**Pre-Conference
Institutes**
February 4, 2019



PRE-CONFERENCE INSTITUTES

February 4, 2019 ~ Registration at 12:30pm

Human Trafficking

February 4, 2019 from 1:00pm – 4:00pm (registration at 12:30pm)

Member Fee: \$37

Non-Member Fee: \$44

- Qualifies for Related MCBAP Education Contact Hours

[CLICK HERE TO REGISTER FOR HUMAN TRAFFICKING](#)

This class offers a clear and comprehensive view of human trafficking in the United States. Develop a broader understanding of human trafficking as a whole; who are traffickers, victims and how are they trapped in this victimization. Understand how the culture is nurturing this crime and feeding the demand for modern day slavery. Learn how to recognize signs and symptoms of a victim, a perpetrator and how to respond. Understand a basic over view for the physical, mental and emotional outcome of a victim. Additionally, realize the complexity of resolving the human trafficking cycle including the challenges of a victim becoming a survivor by examining their mental health, the recovery process, existing recovery challenges and outcomes.

Presenter: *Jennifer Mason*

Jennifer Mason is the Grant Administrator for The Salvation Army Anti-Human Trafficking Initiative. The Initiative offers intensive case management, education, awareness and training, and we strive to bring collaboration and overarching support to the Tri-County area anti-human trafficking realm. Jennifer is also the Founder of The Alabaster Gift and for the past 5 years was the Executive Director. Established in 2013, The Alabaster Gift is a nonprofit 501(c)3 anti-human trafficking organization providing services to victims of sexual and labor trafficking including exploitation through a Drop In Center model. She is a pastor, currently transferring her license to the Assemblies of God Church, working toward Ordination. She served previously for 9 years as a staff pastor in the Wesleyan Church within the traditional ministry realm. Jennifer is certified through FFAST (Faith Alliance Against Slavery and Trafficking) as a Train the Trainer; completed Michigan Human Trafficking Task Force as Train the Trainer; certified by The Human Trafficking Training Institute; completed Ascent 121's Build Beyond Trauma Training and What About Boys Trauma Training; completed Trauma-Informed Care by No Boundaries International/Lori Basey; certified as a Mental Health First Aid Responder; accomplished CCDA Immersion Training (Christian Community Development Association) and affiliated with the WJN (Wesleyan Justice Network).

Wearing the HIPAA Hat

February 4, 2019 from 1:00pm – 3:00pm (registration at 12:30pm)

There is no fee to attend this Pre-Conference Institution, but registration is **REQUIRED**.

[CLICK HERE TO REGISTER FOR WEARING THE HIPAA HAT](#)

Have you had the HIPAA Compliance Officer role added to your duties or is your organization considering you for this role? If so, this training is for you! In this training, we'll discuss what needs to be done throughout the year and annually to maintain compliance. The training will cover ways to efficiently manage your time needed for this role by scheduling tasks and delegating duties to other departments. We'll also dive deeper into how to identify what data needs to be protected, who needs to sign a BAA, end user HIPAA training, and the breach notification process. By the end of this training, you'll be more competent with your HIPAA Compliance Officer role. Skill level: Beginner – Intermediate

Presenter: *Sean C. Rhudy, Abilita*

CMHAM is pleased to offer this training partnership with Abilita to help free staff's time and reduce operating expenses for CMH, PIHP and Providers. Abilita is the leader in telecommunications consulting and endorsed by CMHAM since 2011 to help members reduce risks, costs and prevent your staff from wasting their time. Abilita evaluates HIPAA technology risks and can ensure you are in compliance without wasting your staffs' time. In addition, they reduce your telecom costs by 29% with no upfront costs or risk.

CONFERENCE AGENDA

Continuing Education Information:

Social Workers: This course (2/5/19 – 2/6/19) qualifies for a maximum of 7 Continuing Education hours. The Community Mental Health Association is an approved provider with the Michigan Social Work Continuing Education Collaborative. Approved Provider Number: MICEC 060818.

Substance Abuse Professionals: CMHAM is approved by Michigan Certification Board for Addiction Professionals (MCBAP). CMHAM maintains the responsibility for the program and content. Substance Abuse Professionals participating in the **pre-conference Institute, Human Trafficking (2/4/19) qualifies for a maximum of 3 related contact hours**. Substance Abuse Professionals participating in full conference (2/5/19 – 2/6/19) may receive a maximum of 10 contact hours. Some "Related" workshops may meet MCBAP/IC&RC educational requirements for focused topics in addiction certification domains, such as for Peer Recovery or Supervisor credentials. It is important that attendees keep a copy of the conference program brochure containing the workshop descriptions along with their attendance record form.

Certificate Awarded: At the conclusion of this conference, turn in your Certificate of Attendance form to the CMHAM Staff to be approved. You will turn in the top sheet & retain the bottom sheet which serves as your certificate. No other certificate will be given.

Certificate Issued by: Christina Ward, Director of Education & Training, cward@cmham.org; 517-374-6848

Grievance: If you have any issues with the way in which this conference was conducted or other problems, you may note that on your evaluation or you may contact CMHAM 517-374-6848 or through our webpage at www.cmham.org for resolution.

[CLICK HERE TO REGISTER FOR THE WINTER CONFERENCE!](#)

Monday, February 4, 2019

| | |
|-----------------|--|
| 12:30pm | Registration for Pre-Conference Institutes |
| 1:00pm – 4:00pm | Pre-Conference Institute #1: Human Trafficking (Member Fee: \$37; Non-Member Fee: \$44) |
| 1:00pm – 3:00pm | Pre-Conference Institute #2: Wearing the HIPAA Hat (No fee – but registration is required) |
| 2:30pm – 5:00pm | Earlybird Registration for CMHAM Winter Conference |
| 3:00pm – 3:45pm | CMHSP/PIHP Board Chairperson Roundtable & Networking |
| 4:00pm – 5:30pm | Executive Board Meeting |

Tuesday, February 5, 2019

7:30am – 5:00pm **Conference Registration and Exhibits Open**

7:30am – 8:15am **Group Breakfast**

8:15am – 8:30am **Conference Welcome**

8:30am – 9:30am **Keynote: We All Belong: Four Paths to Belonging**

■ Qualifies for 1 CE Hour for Social Work+ Related MCBAP Education Contact Hour

– *Bruce Anderson, MRA, Managing Partner, Community Activators; Executive Director, Core Gift Institute*

Most of us think of belonging and inclusion as the result of the number and quality of relationships in different parts of our lives. But what if that limited definition of belonging actually restricts our ability to feel like we belong? This session explores the idea that humans desire four different kinds of belonging, only one of them related to other people. When we expand to this larger understanding of belonging, it can result in very powerful feelings of belonging, even though we may have limited social connections. This session provides an overview of the Four Paths to Belonging and will give you the opportunity to explore how each of the four paths offers opportunities for connectedness, action, and love to grow in yourself and the people you support. Participants will be able to: 1. Identify why expanding beyond social inclusion is necessary for belonging; 2. Identify the four types of belonging necessary for whole-person belonging; 3. Understand why and how gifts are integrated into all four types of belonging; 4. Use not-belonging stories as the foundation for hope between individuals; and 5. Identify two areas of belonging to increase and develop an action plan.

9:30am – 10:00am **Exhibitor Refreshment Break**

Concurrent Workshops:

10:00am – 11:30am

1. Recovery-Oriented Leadership

■ Qualifies for 1.5 Specific MCBAP Education Contact Hours

– *Bruce Anderson, MRA, Managing Partner, Community Activators; Executive Director, Core Gift Institute*

The principles of “recovery” are used by a wide variety of mental health, substance abuse, and domestic violence organizations as the primary tool for helping their customers become empowered and regain healthy life in their community. This session asks a fundamental question: What would happen if we applied those very same principles of recovery to our own organization? Recovery-Oriented Leadership relies on the recovery principles of increased hope, community engagement, authority, and healing as the foundation for this necessary change for organizations to walk-the-talk of recovery. Through presentation, discussion, and self-assessment, participants will have the opportunity to review the principles and practices and use the ROL Assessment Tool to assess the current status of their organization. This seminar was designed by Community Activators and the Village, an award-winning program of the Mental Health Association of Los Angeles.

10:00am – 11:30am

2. Value-Based Purchasing in Managed Long-Term Services and Supports: National Overview Emphasizing Application of Value-Based Purchasing to Medicaid Home and Community-Based Services

■ Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours

– *Lisa A. Mills, BBA MSU, PhD, Consultant to Michigan's Employment First Rate Restructuring Initiative for CMHs*

This presentation will provide an overview of innovations in value-based purchasing occurring in Medicaid Home and Community-Based Services with a special emphasis on strategies for value and outcome-based reimbursement of HCBS in managed long-term services and supports programs nationally. Participants will be able to: 1. Understand the history and concept of value-based purchasing in Medicaid managed care; 2. Understand the array of value-based purchasing strategies that can be used in Medicaid HCBS, particularly when HCBS is delivered through a managed care model; and 3. Learn about a variety of real examples of value-based purchasing in Medicaid HCBS from around the country, including Michigan examples.

10:00am – 11:30am

3. Addiction is a Behavioral Health Condition: Supporting CIT Officers to Surpass SUD Stigma

- Qualifies for 1.5 CE Hours for Social Work + Specific MCBAP Education Contact Hours
- *Jessica Martin, LMSW, Sergeant, Michigan State University Police Department*
- *Melissa Misner, LMSW, CAADC, Mental Health Therapist, CMH Authority of Clinton-Eaton-Ingham Counties*
- *Ericanne Spence, LMSW, CAADC, CCS, Director of Substance Abuse Services & Corrections Mental Health, CMH Authority of Clinton-Eaton-Ingham Counties*

Major (ret.) Sam Cochran, the founder of Crisis Intervention Training, said it best at the inaugural State of Michigan CIT Conference: “CIT is not talking enough or doing enough about substance use disorder as a behavioral health condition”. Tri-County CIT takes a unique perspective when presenting the training module on SUD by challenging officers to shift their paradigm. This presentation was observed and applauded by Major Cochran and presents a “how to” for MH professionals who are presenting at CIT or are developing their SUD modules for training. Participants will be able to: 1. Recognize stigma associated with SUD within Law Enforcement and its impact on CIT; 2. Understand the importance of including SUD in CIT trainings; and 3. Apply methods used by presenters for inclusion in future CIT trainings.

10:00am – 11:30am

4. Medicaid Health Home Experiences in Integrating Behavioral Health and Physical Health Care

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
- *Jackie Prokop, PhD, MHA, RN, Director, Program Policy Division, Michigan Department of Health and Human Services*

This presentation includes the findings of a mixed methods study completed on Medicaid health homes. A focus group and individual interviews of 18 Medicaid health home nurses was completed to discuss the nurse’s role in helping patients manage their health care when they have both a behavioral health diagnosis and a physical health chronic condition. This qualitative component yielded six themes of the nurse’s role related to establishing relationships and identifying and addressing social determinants of health. Medicaid claims data was analyzed to look at emergency room (ER) visits and mental health related visits. The health home was successful with increasing access to mental health visits and decreasing ER visits. By establishing relationships, the nurses worked with the health home multidisciplinary team to better identify and address behavioral health issues. The presentation will focus on lessons learned in integrating health care and addressing behavioral health issues. Participants will be able to: 1. Identify the six themes of the nurse’s role in the Medicaid Health Home; 2. Provide preliminary data of health care utilization services, particularly ER and mental health office visits; and 3. Discuss impact of findings on health home services.

10:00am – 11:30am

5. Mindfulness Tools Used Across Multiple Services When Working with People with Disabilities

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
- *Megan M. Gandolfi, MA, LLPC, NCC Professional Counselor QIDP, Professional Counselor, Excel*
- *Natasha Doan Motsinger, MS, Clinical Mental Health Counseling, Regional Director, Excel*

Professional counselors from Excel utilize therapy and psychoeducational techniques to support individuals with disabilities. Presenters will discuss the psychoeducational and supportive therapeutic techniques to address concerns and improve community involvement. Psychiatric disorders, anxiety and mood disorders are identified as having the highest rates of comorbidity leading to severe social impairment. Understanding of the presentation of these conditions within this population allows for increased improvement in quality of life. Participants will be able to: 1. Understand mindfulness tools, self-soothing coping skills, be able to identify four mindfulness tools used with people with disabilities; 2. Gain information about stress, stressful situations and anxiety, how to identify, express and cope with symptoms. Individuals will gain the ability to identify common triggers of anxiety symptoms and how to implement effective coping techniques and strategies for working and living with anxiety; and 3. Understand Psycho educational techniques used to support individuals with disabilities, by enhancing social skills, safety and awareness and improving community involvement.

10:00am – 11:30am

6. Boardworks 2.0: Current and Future Funding for CMHSPs and PIHPs (Previously Budgets)

- Qualifies for 1.5 Related MCBAP Education Contact Hours
- *Carol Mills, MPA, MBA, Chief Executive Officer, Newaygo County Mental Health Center*

This workshop will center on the public policy driven financing and accountability expectations for which the board serves as the fiduciary. Participants will be able to 1. Examine and explore state, federal and local public revenues including each source of revenue, definition as derived by statute, contract and/or public policy directive, conditions for use, determination of amounts to be distributed/available, method of distribution/receipt, application in practice, risk implications, reporting and accounting and audit requirements; and 2. Explore current state initiatives and proposals regarding pending changes to the funding of the CMH system and its potential implications for CMHSPs and PIHPs.

11:30am – 12:20pm

Group Lunch

12:20pm – 1:20pm

Keynote: A Comprehensive Training in Human Trafficking: Both Labor and Sex

- Qualifies for 1 Related MCBAP Education Contact Hour
 - *Joyce Dixson-Haskett, LMSW, ACSW, SAP*

Joyce Dixson-Haskett is one of the front runners in the fight against “Human Trafficking” and daily advocates for freedom and the restoration of dignity and value to those affected by this heinous and corrupt system. In this training, Joyce shares her personal experience of surviving Human Trafficking, leaves the listener with adequate training of the tell-tale signs of trafficking, and challenges the audience to do their part in creating and maintaining a safe environment for our future.

Concurrent Workshops:

1:30pm – 3:00pm

7. Support for Children, Youth and Families in the Mitten State: A Look at Michigan’s Statewide Family Organization

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
 - *Kelly Bailey, Statewide Coordinator, Parent Support Partner Program, The Association for Children’s Mental Health*
 - *Kim Batsche-McKenzie, LMSW, Manager of Services to Children with Serious Emotional Disturbance, Michigan Department of Health and Human Services*
 - *Krissy Dristy, BS, Advocate for Youth, Statewide Youth Peer Support Coordinator, The Association for Children’s Mental Health*
 - *Jane Shank, LMSW, Executive Director, The Association for Children’s Mental Health*
 - *Justin Tate, LMSW, Statewide Wraparound Coordinator, Division of Mental Health Services to Children and Families, Michigan Department of Health and Human Services*

This presentation will provide an overview of the three primary focus areas of the Association for Children’s Mental Health (ACMH), the Statewide Family Organization in Michigan including: a) Technical Assistance and training models for Youth Peer Support and Parent Support Partner Medicaid Services; b) Advocacy; and c) Information/support/training/education. We will examine how these three areas intersect and support each other and make ACMH’s leadership unique. We will also discuss the partnership between ACMH and the Michigan Department of Health and Human Services (MDHHS) and its impact on the PIHP/CMHSP system and collaborative projects within the framework of the Family Driven Youth Guided Policy. Tips for effective partnership will be shared. Participants will be able to: 1. Learn the primary focus areas of the ACMH as the Statewide Family Organization in Michigan including: a. ACMH’s role in overseeing the training and technical assistance models for two Medicaid services-Youth Peer Support Partner and Parent Support Partner - Current advocacy projects; and b. Overview of work in providing information, support and education for children, youth and families in the state; 2. Learn about the partnership between ACMH and the Michigan Department of Health and Human Services (MDHHS) and its importance in supporting these projects; 3. State Michigan’s Family Driven Youth Guided Policy and its importance in this work; and 4. Review lessons learned and tips for effective partnership and benefits for the PIHP/CMHSP system.

1:30pm – 3:00pm

8. Applying Value-Based Purchasing to Employment and Day Services Purchased by CMHs: Stories of the Michigan Employment First Rate Restructuring Initiative

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
 - *Lisa A. Mills, BBA MSU, PhD, Consultant to Michigan’s Employment First Rate Restructuring Initiative for CMHs*
 - *Anya Eliassen, BBA, MBA, Chief Financial Officer, Oakland Community Health Network*
 - *Brenda Rutkowski, MA in Rehabilitation Counseling, LPC, CRC, Vocational Services Coordinator, Bay Arenac Behavioral Health*

This presentation will provide an overview of Michigan’s Employment First Rate Restructuring Initiative supporting CMHs to develop new rate/reimbursement models and new contracts for providers of supported employment and other day/employment services. Examples from participating CMHs will be provided and there will be an opportunity for discussion. Participants will be able to: 1. Understand the opportunities available to CMHs for rate/reimbursement restructuring to advance the state’s Employment First goals, HCBS Settings Rule requirements, and commitment to value-based purchasing; 2. Understand the process and technical assistance offered through the Employment First Rate Restructuring Initiative, including process and technical assistance available to service providers contracted by participating CMHs; and 3. Hear outcome and progress from three CMHs that have been participating in the Initiative and learn how other CMHs can get involved.

1:30pm – 3:00pm

9. Crisis Intervention Teams (CIT) Across Michigan

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
- *Meghan Taft, MS, LLP, CAADC, Community Relations/Outreach, Summit Pointe*
- *Gretchen Theisen-Carlson, MA, LLP, CAADC, Jail Diversion Supervisor/CIT Coordinator, Berrien Mental Health Authority*

As mental health training for first responders' advances in the State of Michigan it is important that trainings be consistent and applicable across boundaries. The Crisis Intervention Team (CIT) program is a community partnership beginning in Memphis (TN) in 1987. This training model consists of law enforcement, mental health and addiction professionals, individuals who live with mental illness and/or addiction disorders, their families and other advocates. It is an innovative first-responder model of police-based crisis intervention training to help persons with mental disorders and/or addictions access medical treatment rather than place them in the criminal justice system due to illness related behaviors. CIT promotes officer and community safety for those encountering one suffering from a mental health crisis. Participants will be able to: 1. Gain understanding of the Memphis and CIT International model for training and the impact it has on communities; 2. Understand why proven mental health trainings are important for communities and further understand the work that is being addressed at a state level; and 3. Gain knowledge of CIT and why it is "more than just training".

1:30pm – 3:00pm

10. Medication Assisted Treatment in the Jail

- Qualifies for 1.5 CE Hours for Social Work + Specific MCBAP Education Contact Hours
- *Melissa McClellan, Executive Lieutenant / Jail Administrator, Oakland County Sheriff's Office*
- *Christina Nicholas, LMSW, Director, Substance Use Prevention and Treatment Services, Oakland Community Health Network*

Prescription opioid and heroin use have contributed to an increase in substance use disorders in the United States. Medication Assisted Treatment (MAT) is an evidence-based practice that can be an important tool to assist in recovery from substance use disorders. A partnership with community mental health and the jail system to address MAT needs for individuals incarcerated shows promising success. A MAT Pilot Program in the Oakland County Jail addresses substance use treatment for individuals incarcerated to reduce deaths, recidivism and improve social behavioral outcomes. Participants will be able to: 1. Understand the need for Medication Assisted Treatment (MAT) in a jail setting to reduce relapse, overdose, and recidivism; 2. Describe how MAT is an effective treatment for substance use disorders in high risk populations; and 3. Learn about the improved outcomes for recovery from a substance use disorder utilizing MAT in a jail environment.

1:30pm – 3:00pm

11. Running in Silence

- Qualifies for 1.5 Related MCBAP Education Contact Hours
- *Rachael Steil, Author, Speaker, & Advocate*

Rachael Steil, author of *Running in Silence*, shares her anorexia, binge eating, and bulimia experiences as an All-American runner, the lure of macronutrient diets disguised as "lifestyles", why eating disorders may appear differently in athletes and what makes it difficult for an athlete to recover, and an in-depth look into what did and did not work in her recovery. Q&A to follow.

1:30pm – 3:00pm

12. Continuing Boardworks Education: Regional Entity or Stand Alone – What is a PIHP?

- Qualifies for 1.5 Related MCBAP Education Contact Hours
- *Bradley Casemore, MHSA, LMSW, FACHE, CHC, Chief Executive Officer, Southwest Michigan Behavioral Health*
- *Annette Downey, BS, Executive Director, Oakland Community Health Network*
- *Jane Terwilliger, LMSW, Chief Executive Officer, CMH Partnership of Southeast Michigan*

Topics discussed during this workshop will be the Michigan Model of the PIHP, what a PIHP is and what it does. Participants will be able to: 1. Describe what a PIHP is and what it does; 2. Explain the Michigan Model regarding Medicaid and the PIHP Regions; and 3. Identify providers of Prepaid Inpatient Health Plans.

3:00pm – 3:20pm

Exhibitor Refreshment Break

Concurrent Workshops:

3:30pm – 5:00pm

13. Successful Collaborative Care Models for Providers – Preserving Your Existence

- Qualifies for 1.5 Related MCBAP Education Contact Hours + Related MCBAP Education Contact Hours
- *Gregory W. Moore, JD, Co-Chair, Behavioral Health Law Practice Group*
- *Russell Kolsrud, JD, Co-Chair, Behavioral Health Law Practice Group*

As Payors work to narrow networks and squeeze reimbursement rates, providers are hard at work designing collaborative relationships with one another. Come learn what has worked around the country from two attorneys/consultants responsible for designing successful provider collaborations in multiple locations. Participants will be able to: 1. Gain understanding of Collaborative Care Models which preserve corporate identity & mission while permitting multiple providers to lock arms and gain market leverage; 2. Gain understanding of Value-Based Models negotiated from positions of increased market strength by Collaborative Models; and 3. Gain understanding of best practices for identifying the correct partners with whom to collaborate.

3:30pm – 5:00pm

14. Strategies to Personalize Medicine in Mental Health and Substance Abuse

- Qualifies for 1.5 CE Hours for Social Work + Specific MCBAP Education Contact Hours
- *Anna Langerveld, PhD, President & CEO, Genemarkers*
- *Susan DeVuyst-Miller, BS, PharmD, AE-C, Assistant Professor, Ferris State University College of Pharmacy; Cherry Health Services, Heart of the City Center*
- *Minji Sohn, PhD, Assistant Professor, Ferris State University College of Pharmacy*

The United States is in the midst of a devastating opioid overdose crisis. While much attention is paid to the use of prescription and non-prescription opioids, many opioid use disorder (OUD) patients suffer from co-occurring psychiatric conditions, such as depression and anxiety. For this reason, community mental health (CMH) centers play a critical role in providing a full spectrum of necessary medical care. This workshop will review the problem of mental health and substance abuse from the CMH standpoint. Strategies to personalize care using currently adopted statewide population health strategies, specifically improving naloxone access and harnessing value in the MI automated prescription system (MAPS), will be discussed. Also, in an effort to further personalize medicine for patients, a pilot study was conducted in which pharmacogenomics testing was provided to patients. In the workshop, methods and results of the study, as well as lessons learned from the study will be shared. Participants will be able to 1. Discuss the current status in CMH during the period of the opioid epidemic; 2. Explain widely adopted strategies to personalize medicine in mental health and substance abuse treatments; and 3. Discuss challenges and opportunities to improve personalized medicine in CMH.

3:30pm – 5:00pm

15. Collaboration, Creativity and Customization: The Critical Components to Providing Individualized Transitions and Employment

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
- *Rhea Dane, MA, Ed, Transitions Director, Excel*
- *Natasha Doan-Motsinger, MS, Clinical Mental Health Counseling, Regional Director, Excel*

The delivery of person-centered services often requires collaboration, creativity and customized delivery of services. The foundation for individualization of services is the development of rapport with all stakeholders. This presentation will discuss the challenges and benefits of multiagency collaboration, the importance and value of creativity in service delivery and share tools that enhance individualization of services. Finally, the presenters will talk about the development of services to meet the needs of the community. Participants will be able to: 1. Learn new tools for the development of rapport as a foundation of service delivery; 2. Develop tools for individualization of transitions, employment and other services; and 3. Learn ideas for new services to enhance personal outcomes for people served.

3:30pm – 5:00pm

16. Bringing Flavor to the Waiver: Culture of Gentleness Training that Supports the Successful Implementation of the Home and Community-Based Service

- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
- *Barb Groom, MA, LLP, Waiver Coordinator, Mid-State Health Network*
- *Kym Juntti, BBL, Training Director, MORC*
- *Ed Kiefer, LBSW, Training Supervisor, MORC*

In efforts to come into compliance with the Federal Home and Community-Based Services (HCBS) final rule by March 2019, Mid-State Health Network has begun the assessment of HCBS readiness throughout their provider network. It is evident that when people are supported in a setting that has a strong foundation in the Culture of Gentleness the outcomes are significantly better and Providers who have embraced this culture are reporting fewer barriers with the implementation of the rule. As the Center for Positive Living Supports, a Division of MORC, has successfully implemented statewide Culture of Gentleness Training

there is an opportunity to bring this invaluable component to those we serve. Implementation of this cultural shift will help our provider base not only meet these standards but look at how this requirement can be viewed as a beneficial factor in improving the culture of support for the benefit of those we serve and all shareholders. The presentation will provide an overview as to how the Six Elements (Safe, Valued, Positive Interactions, Demands, Structure, and Transitions) can be used as a practical guide to effectively implement the HCBS rule. Pilot training, scheduled in January 2019, has been initiated and findings will also be shared as part of this presentation. Participants will be able to: 1. Identify the Six Elements and The Central Purpose and illustrate how they can be used for improved outcomes; 2. Summarize the components of a Culture of Gentleness and how they can be used to assist with the implementation of the HCBS Final Rule; and 3. Recognize how improving relationships is essential in helping the system move toward full compliance of the HCBS Final Rule.

3:30pm – 5:00pm

17. Integrating Tobacco Dependence Treatment into Services and Making Your Campus Tobacco Free

■ Qualifies for 1.5 CE Hours for Social Work + Specific MCBAP Education Contact Hours

– *Jim Harrington, BS, MS, Public Health Consultant, Michigan Department of Health and Human Services*

People with a mental health illness and substance use disorder smoke at rates twice that of the general population, in Michigan 39.5% (Michigan BRFFS). Almost half of all cigarettes in the U.S. are smoked by people with psychiatric or substance use disorders. Those with the highest rates are people with depression, bipolar disorder, binge drinkers and heavy drinkers. Because of the high incidence of smoking in this population they are suffering disproportionately more chronic disease and premature death than people in the general population. This combined with the fact that 70% of people with mental illness and substance use disorders want to quit, demonstrates a need for systems and policy change within mental health systems. This presentation will give clinicians, administrators, behavioral health experts, advocates, coalitions, and peers the ability to identify the need and resources for tobacco treatment systems change, and policy change that can be applied to the substance use treatment systems in their community. We will also demonstrate how to develop a plan for substance use prevention and clinicians to implement changes within their community. Participants will be able to: 1. Explain the need for treating tobacco dependence in people with a substance use disorder; 2. Identify resources and strategies to implement tobacco treatment systems changes within the substance use disorder treatment delivery system; 3. Develop a plan to change tobacco treatment systems and create tobacco-free campus policies.

3:30pm – 5:00pm

18. Boardworks 2.0: Foundations – Ensuring a Consumer Focus

■ Qualifies for 1.5 Related MCBAP Education Contact Hours

– *Julie Barron, BA, Peer Support Specialist & Customer Service Representative, CMH Authority of Clinton-Eaton-Ingham Counties*

– *Sara Lurie, CEO, CMH Authority of Clinton-Eaton-Ingham Counties*

The presenters will address the public policy expectations of the community system, reflecting intended beneficiaries as the sole purpose of the existence of the community system itself. Participants will be able to: 1. Identify at least 3 key elements of Commitment to the Life Plan (Person-Centered planning and support); 2. List at least 3 Self-Determination principles; 3. Learn about recovery orientation; 4. Describe the Resiliency perspective; 5. Name 3 key elements to cultural representation; 6. Identify at least two opportunities and/or strategies for building community partnerships and collaboration; and 7. Identify at least two strategies for supporting community capacity building.

Wednesday, February 6, 2019

- 7:30am – 12:00pm **Conference Registration and Exhibits Open**
- 7:30am – 8:45am **Breakfast Activities** *(full breakfast buffet will be served until 8:45am)*
- CMHSP/PIHP Directors and Board Members Regional Breakfast Meetings
 - Non-Member and Staff Networking Breakfast
- 8:50am – 9:00am **Boardworks Certificate Presentations**
- 9:00am – 10:00am **Keynote: Forensic Systems and Processes: Crossroads for Community Clients**
- Qualifies for 1 Related MCBAP Education Contact Hour
 - *Debra A. Pinals, MD, Medical Director, Behavioral Health and Forensic Programs, Michigan Department of Health and Human Services*
- In this presentation Dr. Pinals will provide an overview of forensic systems from a local and national perspective. She will focus on the pathways for individuals facing competence to stand trial and criminal responsibility evaluations. The presentation will review the impact of those evaluations and the importance of communities, hospitals, and correctional systems working together to facilitate diversion when possible and understand the pathways for individuals service and provide supports and treatments at varying levels of care depending on where individuals fall in the behavioral health and justice system continuum. Audience members will be able to ask questions and think through cases where partnership and boundary spanning can be helpful to support individuals and their families.
- 10:00am – 10:20am **Exhibitor Refreshment Break**
- Concurrent Workshops:**
- 10:30am – 12:00pm **19. Jail Diversion Pilots: Identification and Treatment of Mental Health Issues Within Ten Michigan Jails**
- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
 - *Laine Putans, LLMSW, Project Coordinator, Wayne State University Center for Behavioral Health and Justice*
 - *Victoria Nelson, MA, Data Analyst, Wayne State University Center for Behavioral Health and Justice*
 - *Leonard Swanson, LLMSW, Project Coordinator, Wayne State University Center for Behavioral Health and Justice*
- Under the leadership of Dean Sheryl Kubiak and with the support of MDHHS, Wayne State University's Center for Behavioral Health and Justice presents findings from their system evaluation of Michigan's ten jail diversion pilot sites. The ten pilot counties – Barry, Berrien, Kalamazoo, Kent, Livingston, Marquette, Monroe, Oakland, St. Joe, Wayne – have implemented a variety of programs and protocols aimed at diverting people with severe mental illness into treatment and out of jail. Using data from several community partners including mental health agencies, jails, MDOC, Medicaid, and SCAO, this research illustrates how an individual with SMI is identified, referred, and assessed throughout their involvement with the criminal legal system. This presentation will allow attendees to better understand what diversion strategies may be effective in their own communities, as well as where they may have opportunity to improve their current processes. Participants will be able to: 1. Learn how people with SMI are identified in jail settings and how jails refer and treat those individuals. Be able to identify strategies that have worked in other locations and might be successful in their community, as well as techniques that have been less successful and how to avoid them; 2. Become familiar with limitations and challenges of collecting data from a variety of sources and learn about strategies for simplifying data sharing and collection across agencies in my community; and 3. Understand the various paths individuals with SMI take as they move through the criminal legal system and consider techniques that may be effective in improving continuity of care, reducing recidivism, and strengthening opportunities for diversion in their community.

- 10:30am – 12:00pm** **20. Pre-Employment Transition Services Programing: Early Introduction of Career Options to Individuals with Developmental and Intellectual Disabilities**
- Qualifies for 1.5 Related MCBAP Education Contact Hours
 - *Terrie Hylton, PhD, LPC, Vocational Services Manager, Services To Enhance Potential*
- Successfully obtaining employment is a pivotal developmental milestone for many young adults, yet for some, is beyond reach. Students with developmental and intellectual disabilities are not always able to familiarize themselves with career options before they graduate from high school. This presentation will present how STEP has addressed this milestone with job explorations, workplace learning experiences, tours of post-secondary institutions, career readiness workshops, and employment programs. Participants will be able to: 1. Describe pre-employment transition services categories; 2. Understand how to design a program for transition students; and 3. Identify specific programs developed by STEP for Pre-ETS.
- 10:30am – 12:00pm** **21. A Technology Solution for Engaging Medicaid Consumers: MyHealthButton/MyHealthPortal**
- Qualifies for 1.5 Related MCBAP Education Contact Hours
 - *Robin Hepfinger, BS, Outreach Coordinator, Michigan Public Health Institute*
 - *Jason Werner, BA, Manager, Michigan Department of Health and Human Services*
- With new health information tools, consumers have been more involved in their healthcare decisions and have the ability to take more ownership of their health. The Michigan Department of Health and Human Services have collaborated using results from their *Survey of Medicaid Consumers: Engagement in Health and Use of Technology* to target high technology utilizers with a reasonable solution for easy access to personal information and promote better self-awareness and responsibility for health status. MyHealthPortal is an online website that allows Michigan Medicaid, Children’s Special Health Care Services (CSHCS) and Healthy Michigan Plan consumers to access their health information. The MyHealthButton is the mobile equivalent, and these digital tools have been used by consumers to view real time information for services they are covered for, look up providers and provide access to a host of other health tracking features. Join this session to learn more about how these applications can be applicable in your practice and benefit your community!
- 10:30am – 12:00pm** **22. LBGTQ+ Youth and Mental Health: Lessons from Far and Near**
- Qualifies for 1.5 CE Hours for Social Work + Related MCBAP Education Contact Hours
 - *Heidi Knizacky, MS, LLP, Owner & CEO, APPRECOTS – Applied Research Consultants*
 - *Linda Schneider, MSA, Director of Clinical Services, Saginaw County Community Mental Health Authority*
- What relevance does an individual’s sexual orientation or gender identity (SOGI) have to receiving mental health services? Are all mental health providers “safe” for LGBTQ+ individuals to go to? Research shows that most individuals who identify as LGBTQ+ have experienced unique and powerful environmental impacts since childhood. Learn how Saginaw County Community Mental Health Authority (SCCMHA) and the Saginaw Sexual Orientation and Gender Identity Youth Advocacy Council (SOGI YAC) have collaborated by using national research and local data to build a better infrastructure. Participants will be able to: 1. List at least three need areas a SOGI Safe mental health system should be informed about; 2. Identify at least one challenge to creating a SOGI Safe youth program; and 3. Identify at least one specific method used in Saginaw to address organizational climate and service delivery for LGBTQ+ individuals.
- 10:30am – 12:00pm** **23. Boardworks 2.0 Foundations: Intended Beneficiary Command**
- Qualifies for 1.5 Related MCBAP Education Contact Hours
 - *Malkia Newman, Team Supervisor, CNS Anti-Stigma Program, Community Network Services, Inc.*
- In this workshop you will focus on the public policy expectations of intended beneficiaries from the community system. Participants will be able to: 1. Describe the relationship between the Board and community and individual beneficiaries; 2. Identify at least 3 opportunities and/or strategies for promoting and supporting individual beneficiaries in leadership, administrative, management and in the provision of supports, services, care and treatment; 3. Identify at least 3 opportunities and/or strategies for promoting and supporting community and individual beneficiaries in community system assessment, evaluation, planning, implementation management, monitoring and improvement efforts; and 4. Identify at least 2 opportunities and/or strategies for promoting and supporting individual beneficiaries choice as an informed, responsible and prudent purchaser.

- 10:30am – 12:00pm **24. Handle with Care Michigan — How Law Enforcement, Educators and Mental Health Providers Support Our Youth**
- Qualifies for 1.5 Related MCBAP Education Contact Hours
 - *Zoe Lyons, Michigan Department of Health and Human Services*
- Handle with Care” is an initiative at the community level in Jackson that works to support traumatized children learn at their best level. It connects Law Enforcement, Schools and Mental Health Providers in addressing issues that arise when children are traumatized. This presentation will walk you through the process of how Handle with Care works in our community and will provide tips on how you can bring it to your own community. Participants will be able to: 1. Educate the audience on how trauma can impact the lives of students during the school day and 2. Teach the audience what can happen to support students with good collaboration and how to collaborate in their own community.
- 12:00pm – 1:00pm **Group Lunch**
- 1:00pm – 2:00pm **Keynote: The Impact of Mental Health on Families: Coming Up For Air**
- Qualifies for 1 Related MCBAP Education Contact Hour
 - *Roger Rapoport, Producer/Co-Screenwriter*
 - *Kate Thomsen, Co-Lead Actress*
 - *NAMI on Campus Student Members*
 - *Jeff Patton, MSW, Chief Executive Officer, Kalamazoo CMH and Substance Abuse Services*
- Coming Up For Air is a breathtaking family drama which takes audiences on an all-too-common journey, highlighting the importance of mental health care, sensible gun safety laws and the pressures that are put upon teenagers to succeed. The presentation will include scenes (shot in Michigan and Wisconsin) from the 2019 movie, “Coming Up For Air.” The mission of the film is to inspire empathy for individuals with mental illness and their families, to explore the complexities of personal responsibility, to demonstrate how crisis intervention can prevent tragedy and to foster community discussions of mental illness and its stigmas. Learn how you can bring this powerful movie to your community to open the door to a discussion that touches us all.
- 2:00pm **Conference Adjourns**

HOTEL DETAILS & RESERVATIONS

NOTE: THE RADISSON HOTEL IS CURRENTLY SOLD OUT.....AN OVERFLOW HOTEL WILL BE ANNOUNCED THIS WEEK.

To be added to the waiting list or any current reservation modifications, contact the Radisson at 1.269.343.3333.

Radisson Plaza Hotel & Suites
 100 W. Michigan Ave., Kalamazoo, MI 49007

2019 Room Rates: \$132 plus taxes (Single/Double)

When making your reservations, you will be charged one-night NON-REFUNDABLE deposit.

Deadline for Reduced Rate: January 13, 2019

Cancellation Deadline: Guests have until 24 hours prior to arrival to cancel without penalty. If a reservation is canceled prior to the 24 hours the one-night non-refundable charge will still apply but there will not be any additional charges. If a guest cancels within 24 hours prior to arrival, in addition to the one-night non-refundable charge, a one-night stay fee will apply.

Parking: Discounted rate for self-parking of \$5 per night/car for *overnight hotel guests*. Parking for *non-hotel guests* will be discounted at \$10.00 per day/car.

Hotel Check In: 4:00pm; Hotel Check Out: 12:00pm

CONFERENCE REGISTRATION FEES

REGISTRATION FEE (per person)

Full conference registration fee provides you with a program packet, admission to all keynote sessions, all workshops, 2 breakfasts, 2 lunches and all breaks.

| | Member Early Bird | Member After 1/18/19 | Non-Member Early Bird | Non-Member After 1/18/19 |
|-----------------|-------------------|----------------------|-----------------------|--------------------------|
| Full Conference | \$416 | \$456 | \$498 | \$547 |
| One Day | \$321 | \$361 | \$385 | \$433 |

REGISTER HERE!

[CLICK HERE TO REGISTER FOR THE CONFERENCE!](#)

SCHOLARSHIPS AVAILABLE

A limited number of scholarships are available to individuals who receive services and their families. Scholarships will cover conference registration fees only. Consumers who serve as CMH board members are not eligible.

*Deadline to request scholarship: **JANUARY 18, 2019.***

To request a scholarship form, contact Chris Ward at cward@cmham.org or 517-374-6848.

EARLY BIRD DEADLINE: JANUARY 18, 2019

- **Payment will be required prior to attendance.**
- Payment methods available in advance and onsite: credit card, check or exact cash.
- If payment has not been received, fees will be collected at registration the day of the event unless alternate arrangements are pre-approved by CMHAM.
- **Purchase Orders are not considered payment.**
- All No Shows will be billed the full amount.

Check: Make payable to CMHAM and mail to 426 S. Walnut Street, Lansing, MI 48933

Cancellation Policy: Substitutions are permitted at any time. No-shows will be billed at the full training rate. Cancellations must be received in writing at least **10 business days** prior to the conference for a full refund less a \$25 administrative fee. If cancellation is received less than 10 business days prior to the training, no refund will be given.

Evaluation: There will be an opportunity for each participant to complete an evaluation of the course and the instructor. If you have any issues with the way in which this conference was conducted or other problems, you may note that on your evaluation of the conference or you may contact CMHAM at 517-374-6848 or through our website at www.cmham.org for resolution.

Severe Weather Policy: Trainings will take place as scheduled and we will not be able to refund training fees. In the event of severe weather, please check the www.cmham.org website for scheduling delays and event updates.

QUESTIONS? Call CMHAM at 517-374-6848

2019 Winter Conference Objectives:

- To identify strategies in preparing for or implementing value-based (outcome) payment systems.
- To identify advocacy efforts at the local, state, or federal level, including self-advocacy.
- To spotlight programs highlighted in the Mental Health and Wellness Commission Report (any with partnerships with local CMHs) including Training program for local CMHs/jails/courts regarding Crisis intervention training and Assisted Outpatient Treatment.
- To identify innovative initiatives designed to increase access to substance use disorder services.
- To discuss the plans to address the challenges and opportunities emerging due to the federal Home and Community Based Services rules and the "mega" Managed Care rule changes.
- To address efforts to further the aims of state and federal policy initiatives, including: healthcare reform, healthcare integration, and health homes.
- To provide examples of local efforts to improve healthcare outcomes through a range of healthcare integration efforts such as: initiatives between CMHs, PIHPs, and BHIDD provider organizations and physical healthcare providers and payers such as FQHCs/Rural Health Centers/Hospitals/Medicaid health plans/Primary care physicians.
- To focus on evidence-based, best and promising practices by: 1) identifying strategies for overcoming barriers to EBP implementation; 2) showing how communities have embedded existing EBPs into their system for sustainability; and 3) increasing understanding of the ways in which continuous quality improvement in EBPs can improve outcomes and performance measures.
- To identify ways to use data and data analytics to improve outcomes and care and focus on the needs of persons with patterns of super/high healthcare utilization.
- To increase participants' awareness, knowledge, and skills, related to mental illness, developmental disability, substance use disorders, and trauma informed care.